



**Meal Planner: Weekly Menu Planner with  
Grocery List [ Softback \* Large (8" x 10") \* 52  
Spacious Records & more \* Cupcakes & Candy ]  
(Food Planners)**

*smART bookx*

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# Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners)

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**Softback blank Meal Planner book with a spacious two page spread for each of 52 weeks [\$5.50 / £3.99]**

## **INTERIOR:**

(To view click on Look Inside and scroll past the initial Title Page)

- Each log provides **the facility to total anything**, cost or calories, but the shading for this is intentionally subtle so you can easily ignore it and just write a meal title over the top if desired.
- There's a **shopping list** with each week so you can take it to the store and see at a glance what you need.
- A **Notes section** for each week allows extra space to record e.g. special celebrations, additional guests or comments on what worked and what didn't.
- **At the back, a double page tracker chart** allows you to compare any values across three different stores or brands; again it could be cost, calories or anything else. There's also a page at the back to jot down your **regular fallback meals** just the once, so if you're tracking totals or ingredients you don't have to keep rewriting the same lists. (There's also a general Notes page at the back too.)
- **Thick white acid-free paper** minimizes ink bleed-through.

## **EXTERIOR:**

**Cover:** Tough matte paperback.

**Binding:** Secure professional trade paperback binding, i.e. it's built to last; pages won't fall out after a few months of use.

**Dimensions:** 20.3 x 25.4 cm (8" x 10"). (Almost the same width as A4 but a few cm shorter in height – so just that bit easier to fit into a shopping bag!)

**MATCHING PRODUCTS:** We also publish a Blank Recipe Journal with the same cover design. To find it search 'recipe' & 'bookx' on Amazon (don't forget the 'x').

**SIMILAR PRODUCTS:** smART bookx publish several Meal Planners. Each has the same interior but there are covers to suit all tastes. To take a look search on 'meal' & 'bookx'.

Thanks for looking,

*The smART bookx design team*

## **Buy With Confidence Because Our Customers Love Our Stationery:**

**\*\*\*\*\*** *Gorgeous Notebook ... I am very pleased with this purchase. The picture on the cover is lovely and the paper inside takes the pen beautifully ... ideal for jotting down ideas and shopping lists. I would buy this brand again.* (30 Jun 2014)

**\*\*\*\*\*** *Very Nice ... Beautiful. My daughter loved them!!!* (August 17, 2014)

**\*\*\*\*\*** *Love the Van Gogh Notebook ... Loved it, keep it in my purse incase of creative impulses.* (November 8, 2013)

**\*\*\*\*** *Beautiful Book ... Awesome pictures on front and back ... It will be a nice journal* (December 31, 2013)

\*\*\*\*\* *Five Stars ... Great artwork, perfect size.* (August 16, 2014)

\*\*\*\*\* *Really Pretty Notebook ... My mom loved it ... Going to get The Best Dad in the World one for my dad at Christmas ... highly recommend.* (July 1, 2014)

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**From reader reviews:**

**Doreen Williams:**

The guide with title Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners) contains a lot of information that you can learn it. You can get a lot of gain after read this book. This book exist new understanding the information that exist in this book represented the condition of the world now. That is important to yo7u to understand how the improvement of the world. This book will bring you within new era of the the positive effect. You can read the e-book in your smart phone, so you can read the idea anywhere you want.

**Sarah Frigo:**

Do you have something that you enjoy such as book? The reserve lovers usually prefer to pick book like comic, brief story and the biggest you are novel. Now, why not trying Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners) that give your fun preference will be satisfied simply by reading this book. Reading behavior all over the world can be said as the opportunity for people to know world far better then how they react towards the world. It can't be stated constantly that reading behavior only for the geeky man or woman but for all of you who wants to be success person. So , for every you who want to start reading through as your good habit, you may pick Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners) become your current starter.

**Dominick Tran:**

Are you kind of occupied person, only have 10 as well as 15 minute in your day to upgrading your mind talent or thinking skill possibly analytical thinking? Then you are receiving problem with the book when compared with can satisfy your short period of time to read it because all of this time you only find book that need more time to be learn. Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners) can be your answer mainly because it can be read by you who have those short time problems.

**Michael Larose:**

In this period globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can view that now, a lot of publisher that will print many kinds of book. The actual book that recommended to you personally is Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Cupcakes & Candy ] (Food Planners) this book consist a lot of the information in the condition of this world now. This book was represented how do the world has grown up.

The terminology styles that writer make usage of to explain it is easy to understand. The actual writer made some investigation when he makes this book. This is why this book acceptable all of you.

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