



Leading With NLP: Essential Leadership Skills for Influencing and Managing People

Joseph O'Connor

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Essential Leadership Skills for Influencing and Managing People

Leadership is not something people are necessarily born with – it can be learned. The most effective way to learn leadership is through the techniques of Neuro-linguistic Programming (NLP). NLP is a set of skills for psychologically influencing people (using body language, verbal techniques and other practical methods).

This book will help readers to:

- find their own leadership style
- think strategically
- empower others
- overcome resistance

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