



Addiction--What's Really Going On?: Inside a Heroin Treatment Program

Deborah McCloskey, Barbara Sinor

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Addiction: What's Really Going On? contains powerful true-life stories woven together to form a tapestry filled with pain, joy, defeat, and success. The entire book is molded around Deborah McCloskey's heartfelt desire for her clients to be free of drugs. Her counseling methods both endeared her as "the counselor to get" and locked her into a decade of searching for better ways to help those she felt were stuck on the merry-go-round of a methadone system. This book should be read by teachers, hospitals employees, college students, government officials, and our general adult population whether addicted, sober, or straight.

Experts Acclaim for *Addiction--What's Really Going On?*

"Once I started reading *Addiction--What's Really Going On?* I could not put it down! You can tell the passion the author has as you read it. I can also tell how she learned about methadone and the patients as she progressed in her work."

--Roxanne Baker, CMA, President National Alliance of Methadone Advocates (NAMA)

"*Addiction--What's Really Going On?* is gritty and gripping as you enter the lives of those who are like crabs trying to get out of a barrel. Hope comes when you realize that there are people in this world committed to unselfish service who have unconditional love for others. Thank you Deborah and Barbara for showing us your humanity and for what we can aspire to."

--Anusha Amen-Ra, CNC, CEO, Sacred Space Healing and Retreat Centers International, Inc.

"*Addiction--What's Really Going On?* is a truthful look into the world of Methadone Treatment with a mix of compassion and humor. It is a great read for those in the recovery field and provides insight for those who do not understand the life of addiction and recovery."

--Lori Carter-Runyon, Executive Director Hilltop Recovery Services

"I recommend this book to audiences in any helping profession, people in recovery, the families of drug addicts, and the users themselves."

--Bill Urell, MA, CAAP-II, Addictions Therapist Author, *The Addiction Recovery Help Guide*

About the Author

Barbara Sinor, PhD is a Psychospiritual Therapist working with individuals dealing with addictions, childhood abuse/incest, PTSD, and adult children of alcoholics. Barbara utilizes a holistic methodology in her counseling encompassing forms of hypnotherapy, regression therapy, Gestalt, Jungian dreamwork, and other transpersonal techniques. Dr. Sinor holds a Doctorate in Psychology; an MA from John F. Kennedy University; and a BA from Pitzer College.

For more information, please visit www.DrSinor.com

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