



Partners in Play: An Adlerian Approach to Play Therapy, 3rd Edition

Terry Kottman, Kristin Meany-Walen

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Play therapy expert Terry Kottman and her colleague Kristin Meany-Walen provide a comprehensive update to this spirited and fun text on integrating Adlerian techniques into play therapy. After an introduction to the basics of the approach and the concepts of Individual Psychology, the stages of Adlerian play therapy are outlined through step-by-step instructions, detailed treatment plans, an ongoing case study, and numerous vignettes. Readers will learn straightforward methods for building a relationship with a child and exploring the child's intrapersonal and interpersonal dynamics, as well as ways to help the child gain insight into his or her behavioral patterns and develop new interactional skills. In addition to presenting up-to-date information on trends in play therapy, this latest edition emphasizes the current climate of evidence-based treatment and includes a new chapter on conducting research in play therapy.

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