



# The Write-Brain Workbook: 366 Exercises to Liberate Your Writing

*Bonnie Neubauer*

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## **The Write-Brain Workbook: 366 Exercises to Liberate Your Writing** Bonnie Neubauer

Never face a blank page again!

With unique daily prompts and stimulating pages, you'll be able to easily incorporate writing into your life, and you'll never have to face another wordless day. The Write-Brain Workbook is the first of its kind—an easy, fun, and playful way to exercise your creative writing muscles each day.

Eliminate the dreaded emptiness of the blank page

Write without the pressure of preconceived expectations

Learn about your own unique writing process

Build the momentum of a quick daily writing practice

Unlock writer's block

Apply the breakthroughs from daily practice to your "real" writing

Expand how you see yourself as a writer

Experiment with different ways to approach writing

Affirm your commitment to being a writer

The Write-Brain Workbook is bursting with 366 innovative exercises that let you experiment and play with words and styles. Whether you love the pure joy of writing, are just getting started, or are trying to get past a particular writing block ... this is the book you've been waiting for!

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