



# Man Alive: Transforming Your Seven Primal Needs into a Powerful Spiritual Life

*Patrick Morley*

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## **Man Alive: Transforming Your Seven Primal Needs into a Powerful Spiritual Life** Patrick Morley **You Don't Have to Settle**

Over the last four decades, I've met one-on-one with thousands of men. Most of them know that Jesus promised "a rich and satisfying life" (John 10:10), but too many are confused about what that looks like. In fact, I'd estimate that 90 percent of Christian men lead lukewarm, stagnant, defeated lives—and they hate it. When men try to put into words what's holding them back, they invariably describe one or more of these seven symptoms:

- "I just feel like I'm in this thing alone."
- "I don't feel like God cares about me personally—not really."
- "I don't feel like my life has a purpose. In fact, it seems random."
- "I have destructive behaviors that keep dragging me down."
- "My soul feels dry."
- "My most important relationships are not working."
- "I don't feel like I'm doing anything that will make a lasting difference."

Do you see yourself in these statements? In my experience, these inner aches and pains correspond to seven primal God-given needs that all men feel deeply. And in *Man Alive*, I'll show you something surprising—God's plan to harness that raw, restless energy you feel, pull you out of mediocrity, and propel you toward the life you were meant to live. I promise you...there *is* a way. No man should have to settle for half alive. You can become the man God created you to be. You can experience a powerful life transformed by Christ. In the book you're holding, I'll show you how.

*Patrick Morley, PhD.*

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