



# Psychological Types at Work: An MBTI Perspective: Psychology@Work Series (Psychology at Work)

*Rowan Bayne*

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## **Psychological Types at Work: An MBTI Perspective: Psychology@Work Series (Psychology at Work)**

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The Psychology @ Work series interprets and explains peoples work behaviour in a climate of change, drawing together academic research and practitioner expertise. Each title focuses on a central issue in management, emphasizing the role of the individual's workplace experience. They are ideal texts for Managers, HR Professionals, students of management and occupational psychology at Undergraduate and MBA level. The Myers-Briggs Type Indicator is the most widely used personality inventory in the world, and understanding characteristics unique to each personality type, provides insight on how they influence an individual's way of communicating and interacting with others. In this important new addition to the best-selling Psychology at Work series, Rowan Bayne applies MBTI perspectives to an extensive range of areas of work psychology such as recruitment and selection, communication, stress management, counselling, training and leading. This textbook takes the most useful ideas from MBTI literature, integrates and critiques them, evaluates the evidence for and against them, compares them with mainstream psychology, and where applicable draws out their implications for practitioners. This text will be especially of interest to students of occupational psychology and management at undergraduate, Masters and MBA level, as well as of direct relevance to practitioners, consultants, managers and HR professionals.

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