



The Lemon Book - Natural Recipes and Preparations

Mrs Alexandra Végant

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If you had to leave for the planet Mars tomorrow with just one fruit in your pocket, you should choose a lemon! Plant its seeds and be sure that you will be able to continue to reap the benefits of its extraordinary properties throughout the galaxy. In this book you will learn how to use 100% of the fruit in treatments, cosmetics, hygiene and home care... and especially in the kitchen! Learn how to prepare a cellulite-busting extract, a detoxifying drink, a washing-up liquid, a mouth-watering tiramisu, and many other products, all from lemons!

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Dorothy Tran:

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