



The Magic of Broths: 60 Great Recipes for Healing Broths and Stock and How to Make Them

Nick Sandler

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Nick Sandler will guide you through bone broths with creative recipes that are both good for you and deliciously tasty. *Broth* will be split into 6 sections covering Stocks, Brunch and Lunch, Packed Lunch and Picnics, Family Food, Hearty Weekend Broths and Entertaining and Shabu Shabu. Broths are great for everyday eating, both at home and on the move, and Nick makes these nutritionally beneficial recipes accessible

for the home cook. Comfort recipes such as Pork Meatball Broth with Tomatoes and Sliced Onion, or Lamb Hotpot will satisfy any appetite, while more exotic recipes like Sour Lime Broth with Squid provide a more adventurous challenge. With Nick's complete guide to broths you can enjoy this healthy, life-enhancing food to its full potential.

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