



Paleo Cookbook Bundle: 100 Slow Cooker and Baking Recipes (Paleo Diet, Gluten Free, Crockpot Recipes, Paleo Recipes, Paleo, Crock Pot, Grain Free) (Volume 3)

Patrick Smith

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Your Complete Paleo Recipe Archive

Here is an overview of the content:

- * 2 paleo alternatives for rice and pasta meals
- * A brief discussion of some paleo ingredients for baking
- * 21 main slow cooker dishes
- * 10 soups and stews
- * 15 appetizers and side dishes
- * 6 paleo chocolate recipes
- * 6 paleo cake recipes
- * 6 paleo pie recipes
- * 5 paleo cupcake recipes
- * 5 paleo cookie recipes
- * 5 frozen paleo dessert recipes
- * 5 paleo muffin and waffle recipes
- * 5 paleo bread and bun recipes
- * 5 paleo bagel, pretzel and tortilla recipes
- * 5 paleo pancake and brownie recipes

As a health coach with a passion for fitness and nutrition, I have always supported the concept of eating natural, unprocessed foods. Organic foods are the best foods you can eat, which is what the paleo diet is all about.

Would You Like To Know More?

Get this bundle and join thousands of people that already use these paleo recipes to lose weight and live healthy lives.

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Carl Vincent:

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