



Confederate Receipt Book with Introduction by Patricia B. Mitchell

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Patricia B. Mitchell, author of over 100 books on American food history, provides a concise and informative introduction to the 1863 classic "Confederate Receipt Book." The original text of the book is included, digitally formatted, indexed, and internally linked for ease of study.

The "Confederate Receipt Book," published by West & Johnson in Richmond in 1863, is thought to be the only Southern recipe book printed for general distribution during the American Civil War. It contains a collection (gleaned by West & Johnson from Southern newspapers) of over 100 recipes and remedies (some of which would be considered quite dangerous today) and hints for camp life and the Southern household.

The cover of this Kindle edition exhibits a background pattern derived from a wallpaper of the period, in commemoration of the fact that some copies of the original 1863 printed edition used covers made of wallpaper due to wartime paper shortages.

The reader will be both enlightened and entertained by this remarkable and authentic relic of Civil War history and Southern culture. Published 2011. 9,323 words.

This and other books by Patricia B. Mitchell were first produced for museums and their patrons, and are now available as Kindle editions. Each of her books summarizes a food history topic, using quotations and anecdotes from early sources to both entertain and inform. She carefully lists her references to make it easy for others to launch their own research.

Since the 1980's Patricia Mitchell's work is a proven staple of American museum culture. Her readers love to share her ever-present sense of discovery. Her sales are approaching a million copies, and she is widely known by her web identity FoodHistory.com.

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