



Using Psychology in Management Training: The Psychological Foundations of Management Skills

David A. Statt

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Many of the fundamental principles of psychology form the basis for management training. *Using Psychology in Management Training* aims to give trainers and student trainers a grounding in the ideas and research findings which are most relevant to their work.

Three major areas are explored from a management training perspective and illustrated with examples

- * the individual psychological processes of learning, personality and motivation which are at the heart of most management training courses

- * the social psychological processes of group dynamics, leadership and stress which all arise from the interaction of people at work

- * the psychology of the actual training experience including the crucial training skill of communication and what is needed to meet organisational training needs

Using Psychology in Management Training has a clear and accessible format with a comprehensive glossary of unfamiliar terms and suggestions for further reading at the end of each chapter.

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