

How to prevent and reverse 100 diseases the new French way with Dr. Seignalet's diet miracle: Obesity/Arthritis/Migraines/Depression/MS/Crohn 's/Diabetes/Fibromyalgia/Acne/Lupus etc.

Dr. Dominique Seignalet, Anne Seignalet

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How to eat for health and for pleasure

This French Amazon healthy eating guide bestseller (dozens of 4 & 5 stars) based on 20 years of clinical trials by a leading French doctor shows how to prevent and reverse over 100 so called "incurable" diseases, including all the autoimmune diseases, using a delicious eating plan. (Contains menu plans and recipes).`

Hope for all disease sufferers, the Seignalet miracle;

- Alzheimer's1
- Arthritis (all types)2
- AS 3
- Asthma 4
- Bronchitis 5
- Cancer 6
- Cirrhosis 7
- Colitis (all types) 8
- Conjunctivits 9
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- Rhinitis 30
- Sinusitis 31
- Sjogren's 32
- Spasmophilia33
- Ulcers 34
- Uvetitis 35

Some of the 100 diseases in 2,565 patients which Dr. Seignalet treated with his diet over a period of 20 years. 2,300 patients improved and in most cases went into 100% remission

In this concise guide to Dr. Seignalet's (prononounced "Saynyalay") scientific text book, his daughters explain in layman's terms why "incurable diseases" have one thing in common, caused by our "modern" diet. A Doctor and medical researcher, Seignalet used his specialised knowledge in several medical fields to identify the factors involved in each disease. Among these factors was one common one: "Leaky Gut", caused by certain foods in our diet. Remove them and the symptoms and disease often disappear. < h2> Why is Seignalet 100% reliable?

Gerson, Paleo, Primal, Raw, Weston-Price, Specific Carbohydrate diet (SCD), GAPS, Metabolic Typing, Swank, Food Combining, Macrobiotic, Medicinal chef will all improve health. But like Dr. Gerson, Dr. Seignalet had the benefit of treating his patients in a clinical setting - over 20 years. Results are meticulously set out in tables in the book.

Vibrant health is your birthright, this book will help you reclaim it

Pain and drug dependency are not inevitable. This book tells you how to follow the "hypotoxic" diet. After a period of detoxification, your health will improve and you can taper off your meds and be free of their side effects.

Lose weight, look fabulous, improve your athletic performance

It works for weight loss too! Lose weight slowly and safely without the draconian restrictions on portion size/calories imposed by "slimming diets". Mental poise and physical abilities will improve. Many high level althletes have used the diet to improve their performance.

The diet combats high cholesterol and prevents ageing, osteoarthritis, osteoporosis and cancers. Dr. Seignalet's patients had a fraction of the deaths from cancer and heart disease that statistics from the general population would have predicted – and these were patients who started out with a disease! The diet is not a total cure and you must stay on it to maintain remission. So your new life starts now with this new way of eating. Scroll up - click "buy" - start today!



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Obesity/Arthritis/Migraines/Depression/MS/Crohn's/Diabetes/Fibromyalgia/Acne/Lupus etc. has simple shape but you know: it has great and large function for you. You can appearance the enormous world by available and read a guide. So it is very wonderful.

Eleanor Walker:

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Carla Helton:

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Julia Watkins:

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