

## **Rugby Union Basics In A Day For Dummies**

Nick Cain, Greg Growden



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If you get a big kick out of rugby but still feel you could sharpen up your knowledge of the game, *Rugby Rules in a Day For Dummies* is for you. Inside you'll find easy-to-understand advice on the basic rules of the game, pitch positions, and tactics. In less than a day, readers will find all they need to know to get understand the sport of rugby:

- Features an in-depth look at Laws that form the beautiful game
- Covers all the reader will need to know about talking tactics
- Is perfect for anyone looking at swatting up on rugby

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