

## **Daily Worksheets for Seniors: Series 1**

Mary Julius



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### **Daily Worksheets for Seniors: Series 1**

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**Daily Worksheets for Seniors: Series 1** Mary Julius **Please bear in mind this book is meant for those elderly with limited cognitive, visual ,social and physical abilities.** 

Large connect the dots and easy activities to stimulate the mind of aging persons with **diminished speech due to late stage and advanced** Brain Stroke, Aphasia ,Dementia , Alzheimer or Memory issues.

This book contains

- Large Dot-to-Dot Picture with Conversational Phrases
- Simple word puzzles with hints and Illustrative Math
- The wickedly funny and cheerful Father William in the poem "You are old" by Lewis Carroll, with connect the dot illustrations --to entertain
- Sit-on-chair stretching exercises .

Life for an elderly person with late stage neurological problems is not easy. There is rarely anything for them to do. These worksheets are designed to entertain ,engage and keep them cheerful.

An added benefit of continuing to hold a pen and write on paper, is that it could help in retaining eye hand co-ordination and fine motor skills.

A font size of 24 points and above has been used to support the visually impaired.

This is the Color edition

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