



Triggers: a New Approach to Self-Motivation

Stanley Mann

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One of the most exciting and dramatic breakthroughs in self-motivation techniques is the development of TRIGGERS, a mind-programming, psychological system for acquiring new capabilities and talents. From totally erasing fears and phobias to healing illness and maintaining vigorous health to expanding your creativity up to five times...here is a simple self-help system that can help you fulfill your every goal and desire. Highlights: 1) How to motivate yourself to do anything. 2) Fast and easy triggers for erasing the fears that are running your life. 3) Breakthrough techniques that dramatically improve your learning ability. 4) How to improve your sports performance and master new skills. 5) Gain new relief from emotional pain using the triple split technique. 6) How to harness the power hidden in your negative personality traits. 7) How to turn conflict into personal power. And much, much more.



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